

# WHAT TO DO IF YOU BECOME ILL:



## MEDICAL ADVICE VIA THE INTERNET

At 1177.se you can receive health and medical advice. You can also find contact information for the health service and under 'Other languages' you can read the information in different languages.



## MEDICAL ADVICE BY TELEPHONE

You can phone the medical advice service (*sjukvårdsrådgivningen*) at any time of day or night. The telephone number is 1177. Experienced nurses will answer your questions and give you a medical assessment.

VÅRDcentral



## THE MEDICAL CENTRE (VÅRDcentral) – ALSO IN THE EVENINGS AND AT WEEKENDS

If you become ill, the first place you should turn to is your medical centre. Many of these are open in the evenings and at weekends. At 1177.se you will find details of every medical centre and their opening hours.



## THE ACCIDENT AND EMERGENCY DEPARTMENT AT THE HOSPITAL

The accident and emergency department takes in patients who become suddenly seriously ill or have serious accidents. How quickly you receive treatment there depends upon how ill you are.



## EMERGENCY TELEPHONE 112

For acute, serious illnesses or accidents, phone 112.

### Did you know?

A consultation at a medical centre costs 160 kronor (0 kronor for people under 18) compared to 450 kronor at the accident and emergency department.